Illness Chart
(We reserve the right to deny any doctors note)

Illness	Contagious	Days out	To post	Exclusion	Page/ Notes
Cellulitis/ MRSA	when open	Until resolved	no	yes	Doc's note to return
Croup	2-6 days	7 days contagious	no	no	Doc's note to return
Diarrhea	possible	1 full school day once symptoms end If widespread 2 full school days once symptoms end	No (unless widespread)	yes	2 times in a 1-hour period
Fever	possible	1 full school day after fever breaks with no fever reducing medication	no	yes	100.4 with symptoms, 101 or higher without symptoms
Fifth Disease	4-14 days	fever free for 2 full school days without fever reducing meds.	no	no	May attend after rash appears
Hand Foot and Mouth	3 to 6 days	fever free for 2 full school days without fever reducing meds. Blisters have popped and are drying up.	yes	yes	Child must be comfortable and able to participate.
Influenza	1-4 days	fever free for 2 full school days without fever reducing meds.	yes	yes	At home test allowed
Lice	vary	until no eggs/ no lice	yes	yes	all belongs in classroom sent home
Pinkeye (Conjunctivitis)	needs med	Doctors note and 2 doses of meds	yes	yes	Doc's note to return
Pneumonia	vary	Doctors note	no	no	Doc's note to return
Rash	Possible	Any unknown rash will result in being sent home	Possible	Possible	Doc's note to return
RSV	2-8 or 4-6	10-days out from first day of testing positive. Whole classroom shuts down, if more than 30% of students should test positive	yes	yes	May use home test
Ringworm	1-3 weeks	may return after 3 days of meds	no	no	Doc's note to return
Roseola	9-10 days	fever free for 2 full school days without fever reducing meds.	no	no	Doc's note to return
Strep throat	2-5 days	2 does of meds and fever free for 2 full school days without fever reducing medication	no	yes	Doc's note to return
Common Cold	2-14 days	If a child is struggling to keep up with the day-to-day activities, they may be sent home for rest and one on one care.	no	no	na
Vomiting	possible	1 full school day once symptoms end If widespread 2 full school days once symptoms end	No (unless widespread)	yes	2 times in a 1-hour period

This guide summarizes the program's current health, exclusion, and medication practices. Policies may change to reflect current public health guidance, licensing requirements, and the advice of a child's licensed health care practitioner. Families will be notified of approved updates. Illness's often changes, we reserve the right to change or update the illness policy based on communication with the BOH, Public Health officer or other officials. Illnesses are posted in Brightwheel and in the lobby. Notices will only be sent out one time. Parents are welcome to request updates.

How we take temperature's

- We are unable to take temperatures rectally. Thermomotors have been known have a slight difference, depending on brand, proper use and even battery life. We take temperatures under the left arm (in the arm pit). We will use 2 different thermomotors should the first one show the child may have a fever. We will then check 5 minutes later to ensure that the child truly does have a fever.

-Children must remain out for a full school day should the child have a fever of more than 100.4 with symptoms or 101 without symptoms. Fever/ pain reducer medication is not allowed to be given before school to help reduce a fever or possible fever. This can result in widespread illnesses.

-Children will not be given any fever/ pain reducing medications while in our care. We do reserve the right to allow for certain circumstances. We do not allow fever/ pain reducers for teething. According to medical professionals, teething does not cause fevers. Should your child have a fever, and you believe it is due to teething, you should seek medical advice. A doctor's note is not allowed for the child to return to school due to a fever with teething. A child may return after being fever-free for one full school day without fever-reducing medication. A doctor's note will not shorten this required exclusion period. If a child returns with a fever, the child must remain home for two full school days. Example, if the child is sent home Monday at 9am, they may not automatically return Tuesday. You will start the count of one full school day after the fever breaks with no fever reducing medication.

-When a child exhibits any listed symptom of illness, childcare personnel will contact the child's parent or guardian via Brightwheel and request that the child be picked up from the program. The child must be picked up within one hour from Brightwheel notification. If we do not see that the parent has seen the message, we will call after 5 minutes. If we are unable to get ahold of the parents/guardians, we will start calling the emergency contacts.

Physicals and Immunizations

A written record of a health screening or physical examination must be updated yearly. Children may not start childcare without an updated physical, immunizations, and school clearance form. Immunizations are required to attend. We use the immunization tracking form to ensure all students are properly immunized. If a child misses an immunization, we will require a note from your child's physician stating when the immunization will be received.

Illnesses

Childcare personnel shall observe each child, each day upon arrival and throughout the day for injuries and symptoms of illness which:

- Impair or prohibit the child's participation in regular childcare activities (this includes being lethargic)
- Require more care than childcare personnel can provide without compromising the health and safety of the ill, or injured child, or other children in our care

Symptoms of illness

the symptoms of illness shall include, but not limited to, the following:

- More than one episode of vomiting in one day
- More than two episode of diarrhea in one day
- Uncontrolled couching or wheezing
- Unusual or extreme fatigue or lethargy
- Skin lesions/rash which have not been diagnosed or treated by a licensed health care practitioner

Medication

-Prescription medication requires the original box/container with the original prescription. Medication requires a Medication Content Form and will be stored in the office in a locked box. All unused medication will be given back to parents. Students cannot receive the first 2 doses of medication at the center.

-Non- prescription medication requires a doctor's note if being uses "off label" and parent consent. Medication will be used as directed by the child's doctor and by the directions listed on the bottle/ box. Unused medication would be handed back to the parent to be discarded.